



Jayne Vale

Your Dementia Specialist



Meet Jayne Vale, your Dementia Specialist

About me

Hello, I'm Jayne, and my role is helping Carers, customers, their families and office personnel to better understand and support those living with Dementia. I work closely with Health Care professionals around the UK to provide advice and support, and also train new Carers each week in Dementia awareness and how to be a great Dementia Carer.

Experience

I began my career with Helping Hands as a Carer in 2004 and have looked after many of Helping Hands' customers with Dementia. I am a qualified A1 Assessor and trained to NVQ Level 3.

After joining the training team in 2008, I delivered Dementia awareness training to all Helping Hands' professional Carer and support teams, and in 2011, I began my Specialist Dementia training programme with Worcestershire County Council which credited me as a Dementia Specialist. I developed my skills through the University of Worcester centre for Dementia studies. From this, I expanded our training further, bringing to life a remarkable understanding for those who care for our customers with this condition and the knowledge that our Carers will go on to provide excellent support.

Last year I took my passion further, with our "Dementia Family Day" which resulted in a huge success and pleas for the training to be rolled out across England and Wales. I now regularly hold Dementia Family Days across the UK to inform and support families with a loved one living with Dementia.

Qualifications

As well as having many years of practical care experience, I have completed my PTTLs course which is preparing to teach adults in the life long learning sector, which I need to have to pass on my Dementia knowledge to Carers and customers.

I completed a Death Dying & Bereavement course, which allows me to offer counselling to Carers and customers, following the passing of a loved one. I have also completed three additional Dementia courses held by Warwickshire and West Midlands County Councils.

Jayne can be contacted on 07964 464654
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I have completed NVQ Levels 2 and 3 and also have my A1, which enables me to assess Carers completing the new Qualifications and Credit Framework (QCF). I am qualified to teach Moving and Handling as well as train in Level 3 medications, incorporating Stoma and Convene Care, Surgical Stockings and PEG Training.

Awards

In 2012, I am very proud to say I was crowned the UK's Dementia Care Personality of the Year at the UK National Dementia Care Awards – which is established as the leading UK Event to recognize and reward the very best people in Dementia. I'm so pleased to have won and it was so unexpected. My main reason for attending the awards was actually to go to the conference to see if I could further my knowledge on Dementia. I'm always learning new things, and I really enjoy being able to pass on my knowledge to our Carers.

Why I chose to care

I am passionate about care. It was always a calling for me. I had personal experience of Dementia through a family member who lived with this terrible condition, and the loved ones who were all affected. I was determined to build my knowledge and experience by attending courses and seminars through various Dementia organisations. It is this first hand experience in seeing the difference that great care makes to dementia customers that has given me this unique passion which continues to this day.

Values Champion

Focus on people

In order to get the best out of people, you need bucket loads of patience and understanding. There can be many barriers in the way, which means that you have to find the most effective way of communicating, viewing each individual as a whole and assessing what is important to them. I treat everyone how I would like to be treated, giving them the care, respect and concern that they deserve.

Watch Jayne's videos

<http://www.youtube.com/user/HelpingHandsHCare>

Compliments from "Family Dementia Days"

"I thought the day was excellent. I will feel alot more certain about how I should respond to the events I face with my mother." Brian Trenerry.

"I enjoyed the communication and activities session and really appreciated meeting the other families, you really are not alone." Emma Merry.

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