Helping Hands
The Home Care Specialists
Est. 1989

Allison Heighington

Local Care Services Manager

Meet Allison Heighington, your Local Care Services Manager for East Anglia

About me

Hello! My name is Allison, and I'm the Local Care Services Manager for East Anglia. It's a big area to cover, but I joined Helping Hands because I was looking for a new challenge. East Anglia is home for me: I lived in Norfolk as a child and into adulthood. I then moved to Canada, where I stayed for 20 years, before moving back home to Norfolk in 2008. I know the area I manage inside out, and it's fantastic to be able to provide such a worthwhile service in the local community.

Experience

I bring healthcare expertise and local knowledge to my role here at Helping Hands. Before I joined the company, I worked as a Quality Assurance Officer/ Assessor for a Norwich-based Hourly Visiting Service.

I haven't been with Helping Hands for very long, but already I've met so many wonderful customers. I recently met a lady who lives with Expressive Dysphasia and has issues with anxiety. Her condition had an effect on her speech. I have the perfect Carer in place who has been a wonderful support. I am happy to say that the lady is now able to say more of her words, an achievement which makes her a lot happier and reduces her anxiety. She and her Carer really enjoy each other's company. They go shopping and out for coffee together. It has made such a big difference.

Why I chose Helping Hands

Helping Hands strives to offer great service, which is an ethos I was very keen to be a part of. As a Local Care Services Manager, I am very focused on matching the right Carers with the right customers. I feel that being able to offer continuity of care is paramount.

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