



**Amanda Ansell**

Area Manager – South East

## **Meet Amanda**

Hello, I'm Amanda, the Area Manager for the South East region. My role involves supporting the visiting care branches all across the region, helping them to continue helping our customers. I've been with Helping Hands for a number of years now in a number of different roles, and have met some wonderful people during this period.

## **Why I chose Helping Hands**

One of the main reasons I chose to work for Helping Hands was because of the fantastic mission statement they have in place, which is to provide well-led effective support in a caring and responsive manner; enabling people to remain safely in their own homes and pursue their chosen lifestyle – regardless of age or disability. I am pleased to say since joining the company I have seen this happen with all our customers.

## **Experience**

I have over 30 years' experience of working in the care industry, starting off as a care worker with a small domiciliary care company in East Sussex. From then I progressed through the ranks and eventually became a Registered Manager running an office managing over 3000 hours per week.

With Helping Hands, I've also been a Regional Trainer and Manager, so I've been able to share my knowledge of care with other new carers joining the ranks. I am a great believer in the fact that if you train and support your care workers to the highest possible standards; these standards will be evident in the quality of care our customers receive.

Because I've been across different roles, I have a lot of experience that I can use to support our branches, which helps them to help our customers.

## Qualifications

- NVQ Level 2 & 3 Health & Social Care
- D32/33 (A1) Assessors Award
- Dementia Champion
- Registered Manager's Award
- PTLLS (Prepare to Teach in the Lifelong Learning Sector)
- Train the Trainer Awards in the following:
  - Medication
  - Moving & Handling
  - Basic First Aid
  - Safe Guarding
  - Mental Capacity
  - Dementia

