



Anne Dalby
Clinical Nurse Manager

Meet Anne, your Clinical Nurse Manager

About me

“As a nurse who has experience in District Nursing and covering all aspects of clinical care, I passionately believe that everyone should be able to receive high quality care within their home.

I feel that Helping Hands provides this along with a responsive service which addresses people’s wishes and choices. It enables them to remain in their own homes for as long as possible and allows them to continue with social activities, thus giving them a better quality of life”

Career Pathway and Professional Development

Member of Nursing & Midwifery Council, Royal College of Nursing

Anne brings her professional expertise to the Clinical Nursing Team after having worked as a District Nursing Sister. She looks forward to supporting Carers to put their customers’ clinical needs at the heart of their work and engaging with Helping Hands’ person-centred ethos. For Anne, making a positive impact on how customers and their families cope with care is paramount.

Anne’s clinical experience is complemented by her additional mentoring qualification gained at Coventry University. At Helping Hands, she utilises her clinical acumen and leadership qualities to educate Carers and provide customers with a responsive, proactive and informative care service.



After qualifying as a nurse in 2013, Anne initially worked in the Community Nursing Team for Coventry Primary Care Trust before moving to Leicestershire Partnership Trust in 2015. It was here that she found working in Palliative Care, with specialist services and hospices, especially rewarding.

Within 6 months of moving to LPT, Anne was asked to apply for a Community Sisters post. She oversaw up to 40 community and nursing staff which covered a large area of Leicestershire. She managed varying clinical caseloads, including COPD, heart failure and diabetic patients, amongst other conditions.

Anne's key achievements during this time include piloting the Blueprint for the trust on a new system of covering extended working hours, taking unscheduled visits and triaging incoming referrals. Anne was also part of a working group for the Gold Standards Palliative Care scheme after it was introduced into her clinical area.

In 2015, she completed further training with the NHS Leadership Academy, a programme that develops care leaders' ability to influence positive change to improve experiences and outcomes for patients. This specialised understanding enables Anne to recognise how individuals learn which leaves her well-placed to guide Helping Hands Carers.

Now, as a Clinical Nurse Manager at Helping Hands, Anne provides customers and Carers with the tools, information, and expert advice they need to be confident in our clinical care service. She promotes self-management, anticipates change and development, and provides ongoing support.

Anne is passionate that people have a choice about their care, and ensuring that customers requiring clinical intervention are able to receive the high quality care they deserve while staying in their own home.

