



## Christien Ingrosso

Area Care Manager - South East

**Hello, my name is Christien Ingrosso,  
Area Care Manager for the South East.**

### About me

Hi, I am Christien Ingrosso and I'm the Area Care Manager for the South East region. As an area care manager, it is my role to lead a team of dedicated care experts in and around the London, Essex and South East region to ensure that the service and care we are delivering is to the highest possible standard for all our customers.

I am married and a father of two girls. I enjoy very much spending time with my family and going on walks with my dog, or as some may say he likes to walk me!

I have been fortunate enough to meet some fantastic employees throughout my time at Helping Hands. Each day I witness first-hand the determination and drive that each and all of our carers show to help our customers maintain healthy and independent lives in the familiar surroundings of their own homes.

## **My experience and expertise**

I have worked in the health care sector for three years, mainly within the pharmacy and pharmaceutical industries. Prior to this, I was involved in the retail sector and going back a bit further I spent six years as a constable within the Metropolitan Police service. You could say a varied background of experience, but always at the heart of each role was the customer, making sure they were the most important person in everything I did.

My passion is leading teams to achieve great things and delivering tailored experiences that suit the individual needs of each customer that we are fortunate to meet.

## **Why I chose Helping Hands**

I decided to work for Helping Hands for many great reasons but the main thing that stood out on a personal level was how I was really taken by the positive culture of the company and the great things everyone does on a daily basis to help our customers. The kindness that I have experienced at all levels made this a great company to be part of. With a clear ambition to be the best home care service in the industry delivering the best care to all of our amazing customers, it made it very easy for me to want to be a part of this success.