



Helping Hands

The Home Care Specialists

Est. 1989

Claire Antoshko

Live-in Care Manager – North London

Meet Claire, the live-in care manager for North London

About me

Hello! I'm Claire the Live-in Care Manager for North London. I love the whole ethos of live-in care and the one-to-one support that it gives our customers. I'm responsible for looking after our customers, for meeting potential new customers & their families face-to-face to assess what their care needs are, and I'm also responsible for looking after the training and welfare of our carers. I strongly believe that everyone is unique and so the care they receive should be as well; it needs to be person-centred and tailored to them. It's so important that the customer has the right carer – someone they can laugh with and trust.

Experience

Having lived around North London for so many years, I have a close connection with the area and the people who live there. I trained to become a paramedic with the London Ambulance service, and absolutely loved that! I was there for about 14 years and it helping people in need was, in a word, amazing.

I quickly fell in love with care and live-in care especially. I became a manager for a small domiciliary care company, which was a real eye-opener but brilliant at the same time, and then gained promotion to a senior care manager. This means that I can help guide my carers and ensure that they have everything they need to bring the best possible support to their customers.

After running a domiciliary care office for a year, I realised that my passion was definitely live-in care and giving people more focused, one-to-one support. All in all, I've been in care for about 26 years, and I'm always happy to share these experiences with my carers. No matter what they need, I make sure I'm always there for them in the same way they help the incredible families within London.

Why I chose Helping Hands

The Helping Hands team is so supportive – everyone looks out for each other both professionally and personally. We have a fantastic training programme and there's always room for our carers to learn new skills. I was also attracted to Helping Hands because of the great reputation they have in the industry. It's definitely a great company to work for.

