



## Deanna Lane

Regional Clinical Lead - South West

**Hello, my name is Deanna,  
Regional Clinical Lead for the South West region.**

### About me

Hi, I'm Deanna, although everyone knows me as Dee. I started working with Helping hands in July 2020. I have worked as a nurse for thirty-five years; my motivation is to help others. I enjoy working with people and using my nursing skills to ensure great care is given. I have published articles on improving care in care homes. I have also promoted great care in radio interviews and made a film for Social Care Institute of Excellence (SCIE) on dementia and end-of-life care this is still available on YouTube. I am passionate about promoting great care and I have numerous references online regarding the care I have delivered.

I have a Masters degree in Management. I also have qualifications in moving and handling, training and National Examination Board in Occupational Safety and Health (NEBOSH) in health and safety.

Over the years, I have undertaken many professional courses such as Mental Capacity Act (MCA), Deprivation of Liberty Safeguards (DoLS) and practical nursing skills. I am registered with the Nursing and Midwifery Council.

## My experience and expertise

I trained at Southmead Hospital in Bristol between 1983 to 1986. During training, I spent time on the intensive care unit and gained experience in tracheostomy and ventilator care. When I qualified as a registered general nurse, I worked on a surgical ward which specialised in vascular and bowel surgery. I gained experience in post-surgical care and stoma care. I then trained as a midwife and practised for seven years before returning to nursing, working in a care home.

The care home had a young disabled persons unit and I learned to care for those with spinal injuries receiving intensive physiotherapy to rehabilitate. I also worked with customers with tracheostomies, stomas, PEG feeding tubes and bowel and bladder management.

I became a nursing home trainer in 2003 and enjoyed progressing others in their career pathway, as well as enabling improved care through training. I undertook mandatory training such as moving and handling, health and safety, safeguarding adults, first aid, infection control, fire training and governance, to name a few.

I became a registered nursing home manager in 2008 until 2020. During these twelve years, I worked for various large corporate organisations. The homes were large - the biggest a 90 bedded home - and I line managed 160 staff in one of the homes. My most recent roles were as a turnaround manager, where I inherited issues to be resolved.

## Why I chose Helping Hands

I chose to work with Helping Hands as I researched their ethos of giving personalised and safe care to those living in their own homes and found that they have an excellent track record and I wanted to be part of that. I am passionate about great care and ensuring this gets recognised.

I believe in recognising the excellent care that our teams provide and nominated some of my teams for awards, which they then went on to win. I myself won Care Home Manager of the Year in 2012 at the Great South West Care Awards, nominated by the team I then managed. The home I managed also won Corporate Care Home of the Year Award in 2009. We also won a National Activity Providers Association (NAPA) final in 2010.