



**Deborah Farrington**  
Care Manager – Stroud & Cirencester

## Meet Deborah, your Care Manager for Stroud & Cirencester

### About me

Hello, I'm Deborah your Care Manager for the Stroud and Cirencester branches of Helping Hands. I have worked in care for over 10 years and feel privileged to be able to keep people at home. I am passionate about job and think quality home care is essential. I have lived and worked in Gloucestershire for 14 years so have great local knowledge. In my free time I enjoy walks in the Cotswolds with my Springer Spaniel Woody and going on lovely holidays with my family and friends.

### My experience and expertise

I have worked in care for over 10 years, predominantly in a residential setting – either retirement villages or care homes. I started out as a carer, and then progressed through to Senior Carer, Team Leader, Care Coordinator and then Manager. It was through personal circumstances that I found domiciliary care, and decided that home care was the area I wanted to work in. My mum had been poorly for a few years with terminal cancer, and this is when I got my first taste of care at home. I had such a wonderful experience with her carers and the service she received that I decided to transfer in to home care myself. I have developed a passion for palliative care – I think it is so important to give people the freedom to choose how and where their end of life care takes place.

I have worked with a wide range of conditions and ailments throughout my care career, but predominantly elderly care and dementia care. I have gained my Level 3 in Dementia Awareness and Levels 2, 3 and 5 in NVQ Management and Leadership in Health and Social Care.

### Why I chose Helping Hands

I love the ethos of Helping Hands, and the work that we do. I did a lot of research online before settling on Helping Hands. The reviews from employees across the board are fantastic. The company is also able to provide a rapid rate of responsiveness which I find so impressive and am thrilled to be a part of.

