



**John Nesbitt**

Live-in Care Manager – Northumberland & Cumbria

## Meet John, your Live-in Care Manager for Northumberland

### About me

Hi, I'm John. As the live-in care manager for the Northumberland and Cumbria, I am responsible for developing and supporting our carers in their roles so we can provide the best outcome for our customers. I have lived in the North East all my life. Born and bred in Alnwick, Northumberland, I lived across the North Northumberland region before moving to North Tyneside.

### Experience

I've worked in adult social care for over 22 years and have experience in many diverse areas. My speciality was in adults with learning disabilities, especially around positive behaviour management. I have also worked in the fostering and adoption services, youth offending teams, residential and respite services as well as complex clinical care. My last position was with a competitor company doing very much the same role I am now.

I have NVQs in social care and operated as an N.A.P.P.I. trainer (Non-Abusive Psychological and Physical Interventions) for my local authority. I was also qualified to train and facilitate person centred planning and approaches throughout my local adult social services.

I've had so many positive experiences throughout my time working in social and clinical care. I have supported individuals with learning disabilities, helping them to find supported employment, enabled people to live independently, and to maintain and develop relationships. I've supported people on holidays, at further education centres and enabled them to connect with their local communities. All have been so enriching for me.

### Why I chose Helping Hands

I feel very positive about the services Helping Hands deliver and can't wait to be a part of that delivery. I see many of the values and principles I value reflected in the company and so think we are a good fit. Their approach to customer care, recruitment and induction and training is very attractive and the ethics and values that run through every department make me feel certain I have joined the right company.

