



Helping Hands

The Home Care Specialists

Est. 1989

Julie Davies

Area Care Manager – London

Meet Julie, your Area Care Manager for London

About me

Hi, I'm Julie. I have lived in Essex my whole life and have strong connections within my local community. I have worked across Essex, Suffolk, Cambridgeshire and Norfolk for over nine years and more recently around the London area, and I'm proud to be overseeing the branches that we have in the region. I'm an experienced Area Care Manager who believes in being part of a quality, local and friendly home care service and Helping Hands offers just that!

Experience

I've had several jobs throughout my life in a whole variety of sectors (though always customer focussed roles) but I feel that my true passion is care. I wanted to spend more time with my family, so I decided to become a carer. This gave me a strong insight into what is needed to provide people with the best support and offer them comfort, care and the ability to remain independent within their own homes. Throughout my time as a care worker, I was on hand to support people with different levels of care needs and various conditions. The precious time I spent as a carer gave me huge amounts of experience and insight into how to enable people, so that they get the care they want on their terms. I then proudly progressed to become both a Registered and Area Manager with the Care Quality Commission before moving into the role I'm in now.

I've seen first-hand what happens at different stages of the care journey. This gives me the experience to guide our local care managers and carers, sharing advice and insights help develop the great work we are doing every day. Supporting my branches is a huge part of what I do as an Area Care Manager and is something I'm incredibly passionate about. I have a Level 2 in Customer Service, Level 2 Health and Social Care, and a Level 5 in Leadership and Management (Health and Social Care), qualifications that have deepened my knowledge of care even further.

Why I chose Helping Hands

I am proud of our family owned and run business and the quality service our carers provide to our customers, day in and day out. They are the backbone of Helping Hands and valued as such. Our values and vision are both positive and customer-centric. Everyone is treated like an individual and with huge amounts of respect. I am proud to support our customers and carers and to be a part of the Helping Hands family!

