



Julie Hart

Area Care Manager – North

Meet Julie, Area Care Manager for the North

About me

Hi, I'm Julie your Area Care Manager for the North region. I have always lived on Merseyside, but have worked throughout the North of England supporting in the North West, North East, Cheshire and Greater Manchester. I have been lucky enough to spend the last 15 years working in health and social care and think it is a truly fulfilling career. In my spare time I love spending time with my family, socialising and walking. A personal favourite spot of mine is Snowdonia National Park in North Wales.

My experience and expertise

Before joining Helping Hands I spent 10 years with the UK's largest disability charity, supporting individuals with complex disabilities to lead independent lives, and implementing the necessary support to ensure they live life to the full. Over the last 5 years I have worked within healthcare, ensuring specialist support for customers with varying needs including dementia, learning difficulties and mental health.

The last 15 years of my career have given me the privilege of experiencing what implementing quality, person-centred care can do for customers, and how excellent, specialist teams can really change lives. I am so passionate about delivering support that not only impacts the customers but their families and friends too. I have held several fundraisers for MENCAP, Age UK and Dementia Awareness. I have also had the privilege of being part of the Disability Power 100 which celebrates the achievements of the UK's most successful disabled people. I count myself lucky to have met so many amazing people.

Why I chose Helping Hands

Helping Hands has an excellent reputation and is renowned for really caring about their customers. For me a company that cares not only about their customers, but their extended families too is incredibly worthwhile. I truly believe in the service Helping Hands offers and the company values too. I am really excited to be behind incredible home care in my local area.

