



Kay Brookes
Area Care Manager - London

Meet Kay, your Area Care Manager for the London Region

About me

“My name is Kay, I am the Area Care Manager for London and Essex.

I am here to support the branches and their staff, so that our customers and their families receive the care that they need in the comfort of their own homes.”

My experience and expertise

Kay started her career originally within the NHS - working as a Medical Secretary, then in the Microbiology Team and she then moved into a more clinical role as a Dispensing Technician.

She has worked in the social care sector for the last two years as a Business Centre Manager, overseeing multiple sites.

Kay explains: “For me, the job is so rewarding as well as at times challenging, but the difference that you can make to somebody is priceless and makes it all worthwhile.”

Why I chose Helping Hands

“I wanted to join Helping Hands as I have experienced first-hand the challenges of finding ‘good care’ for a loved one, and I wanted to be part of a company and a team who can take part of that stress away from the family and their loved ones.

“From my personal perspective, being able to keep our customers in their own home, surrounded by family and friends and their memories, makes such a difference to their mental wellbeing. It gives their loved ones the opportunity to spend quality time with them, rather than being the carer themselves.”

