



Rebecca Wallbank

Care Coordinator - Manchester

Meet Rebecca, your Care Coordinator for Manchester

About me

Hi, I'm Rebecca. I have worked in the healthcare sector for many years, covering various areas of care including domiciliary, live-in and complex care.

My specialities are spinal injuries and other aspects of complex care. Some of the complex care tasks which I have been trained in include ventilators, tracheotomies, tracheal suctioning, ambu bag, bowel and bladder management, chest physiotherapy, and epilepsy management, and I'm keen to share my experiences with my Manchester carers.

My experience and expertise

I started off working in domiciliary care at the age of 18, supporting adults in the community to live as independently as possible, and I became a care coordinator in 2015 as I wanted to progress in my career but still wanted to be able to have a positive impact on people's lives and assist people to live at home in their own homes. That's when I found Helping Hands!

When I started working in complex care, I helped support with a discharge from hospital for a young gentleman with a spinal injury. His morale was really low, so my main goal was not only to meet his clinical care needs, but also get him back living a fulfilled and happy life and for him to feel he had a purpose. Over the course of four years, I helped them to build an active social life, attending concerts and arranging day trips to the seaside. It was such an incredible experience and I'm glad the gentleman is still comfortably living at home!

I've also supported people with multiple sclerosis, cerebral palsy, and dementia. I've have a Level 3 in Health & social care, a National Diploma in Health Sciences, and a Level 3 access course, also in Health Sciences.

Why I chose Helping Hands

The main reason why I joined Helping Hands because of the company values and mission statement. After my interview, Helping Hands just felt right for me; the Manchester team sounded like an amazing team to be a part of and it certainly has proved to be the case.

