



Sarah Bland
Branch Manager – Hertford

Meet Sarah, your branch manager for Hertford

About me

Hi, I'm Sarah. Based in Hertford and as a Registered Manager with the Care Quality Commission (CQC), I'm involved in making sure that the people in my local area have the care they need to stay in the comfort of their own homes. I love getting to know new customers and working with them to create a package of care that suits their lifestyle and enables their independence. Plus, our team of carers are really fantastic and true ambassadors for the Hertford branch.

Experience

I've always worked in the care industry, including in care homes and in my local hospital. In the care home, I mainly supported people with advanced dementia and learnt a lot from this experience. In the hospital, I was based on the emergency assessment ward, and have experience in supporting people who had gone into cardiac arrests. It was difficult at times but I really enjoyed being able to help the patients in their time of need. I was there for seven years before I joined Helping Hands.

I first joined Helping Hands as a carer because I really wanted to see how visiting care worked. It was great to see how we were able to help people in their own homes and I've had some truly incredible moments during my experience. Now as a CQC Registered Manager, I feel I've been given an amazing opportunity to fulfil my dreams and ambitions.

Having been a carer myself, I believe that I can share my first-hand experiences with new carers looking to join the Hertford team, and together we can maintain our promise of providing a high standard of care in all its different aspects. And I still love delivering care myself!

Why I chose Helping Hands

I've always believed in everything that Helping hands does as a business and I feel so grateful to be part of such a great team. I love the fact that we're a family-run business and always tailor our care according to what our customers' needs are.

