



Helping Hands

The Home Care Specialists

Est. 1989

Sarah Penrose

Branch Manager – Weston-super-Mare Branch

Meet Sarah, your Branch Manager for Weston-super-Mare

Meet Sarah

“I enjoy making a difference to a person’s life and helping them remain independent, while living within the comfort of their own home, this is why most of my care career has been in Home Care.”

About Me

Sarah has lived in the Weston-Super-Mare area for over thirty years, she is incredibly passionate about Weston and would love to be able to make a positive difference to the area. Sarah will always go the extra mile to help anyone, this is what makes her such a fantastic member of the Helping Hands team. Sarah’s kind and caring personality also shines through with her charity work, over the past few years she has raised over £10,000 for various charities along with her family. This is something she really enjoys and would like to do more of in the future. In her spare time Sarah enjoys spending time with her family, cooking and making her lovely garden look pretty!

Experience

Sarah has a wealth of experience within care spanning across fourteen years. Sarah has had many different roles within care that means she has built up first-hand knowledge and experience of the industry. In addition to this knowledge and experience, Sarah has carried out many additional qualification that has enabled her to understand a wide range of health conditions and therefore the best way to assist with her customers. She believes that mixing this great experience with this further knowledge will be vital to her being a great Care Coordinator for Helping Hands.

Sarah sees here ability to assess each customer’s needs in great detail and on an individual basis, one of her strongest characteristics. Therefore she is looking forward to matching the great Helping Hands carers with some of her wonderful customers.



Previous to working with Helping Hands Sarah has had many different roles working in retail throughout North Somerset. While working in these fast-paced environments, she also picked up many transferrable skills such as planning, communication and team management skills that she now uses in her role as a Care Coordinator. However it was care that is her true passion and Sarah cannot wait to continue to support those who need care in Weston-Super-Mare.

Personality

Sarah is naturally suited to the care sector with her caring personality. She gets a real pleasure from helping her customers and their families. Nothing gives Sarah more satisfaction than making her customer's day. This is why she will always go an extra mile to choose the perfect carer for each package and covering for her carers if needed.

Qualifications

- **Level 4- Health & Social care**
- **Qualified trainer- medication, dementia, mental capacity & safeguarding**