



**Sasha Lunn**  
Branch Manager – Bury St Edmunds

## Meet Sasha, your Branch Manager for Bury St Edmunds

### About me

Hi, I'm Sasha. In total, I've been working in care for around 17 years, and before I joined Helping Hands, I worked within a charity for around 14 of those years before moving into a professional care role.

### My experience and expertise

I have lived in Hillingdon all my life and good knowledge of the surrounding areas. I worked in Hillingdon for 13 years before moving to work in both central and south Buckinghamshire. Starting as a carer, I then progressed all the way up to area manager, where my role was focused on ensuring the care service our customers received ran smoothly and all their individual needs were met.

I have plenty of memorable stories from my experience but ones in particular that really resonates with me is being able to support a customer to remain at home and receive palliative so she was able to end her life at home where she felt most comfortable. I worked with the local authorities as well as her son to ensure that this was able to happen.

By doing this, my team and I achieved her wishes and ensured that her son could be by her side and not feel like a carer himself. This was such a poignant and proud moment for us all and it meant a lot that we were able to support them in their time of need.

Having worked in care for such a long time, I hold a number of qualifications and skills, including a Diploma level 2, 3, and 5.

### Why I chose Helping Hands

I decided to join Helping Hands as it's a family-run business with a good ethos for the customers and their carers. Our carers at the Bury St Edmunds branch are so professional and well-trained and are key to the services we provide as a company.

