



Tina Larbie

Branch Manager – North Norfolk

Meet Tina, your Branch Manager for North Norfolk

About me

Hi, I'm Tina. Having worked in care for 12 years, there are so many wonderful memories of customers and residents who I have helped to look after and support. I have always lived in Dereham and have either worked there or Norwich, so I feel that I know the patch my branch covers really well.

My experience and expertise

Over the years, I've supported people from all walks of life and feel that I've learnt a lot from them all. The old ladies in the first care home I worked in taught me how to knit, while another customer helped me improve my cooking skills as they would only have freshly-cooked meals, never anything processed.

One of my most memorable customers was a lady in the care home who used to clean the chandeliers for Buckingham Palace. The pride that used to shine from her when she talked about her job was amazing; she really brightened up the whole room.

Before Helping Hands, I was a project manager for a traffic management company in Dereham while I was taking a break from my care career. However, I found that I really didn't enjoy it and I missed the personal contact and interaction with people on a much deeper level than I was experiencing in that role. Traffic lights are pretty but don't make good conversation!

I joined the Norwich team of Helping Hands in 2018, which has been amazing and the manager there has helped me build my skills needed to manage the North Norfolk branch.

Why I chose Helping Hands

I have a friend who had previously had an interview at Helping Hands and she gave me some outstanding comments about the company's ethos. Plus I was really keen to get back into care work and Helping Hands gave me that opportunity.

