



**Tina Larbie**

**Branch Manager – North Norfolk**

## Meet Tina, your Branch Manager for North Norfolk

### About me

Hi, I'm Tina. Having worked in care for 12 years, there are so many wonderful memories of customers and residents who I have helped to look after and support. I have always lived in Dereham and have either worked there or Norwich, so I feel that I know the patch my branch covers really well.

### My experience and expertise

Over the years, I've supported people from all walks of life and feel that I've learnt a lot from them all. The old ladies in the first care home I worked in taught me how to knit, while another customer helped me improve my cooking skills as they would only have freshly-cooked meals, never anything processed.

One of my most memorable customers was a lady in the care home who used to clean the chandeliers for Buckingham Palace. The pride that used to shine from her when she talked about her job was amazing; she really brightened up the whole room.

Before Helping Hands, I was a project manager for a traffic management company in Dereham while I was taking a break from my care career. However, I found that I really didn't enjoy it and I missed the personal contact and interaction with people on a much deeper level than I was experiencing in that role. Traffic lights are pretty but don't make good conversation!

I joined the Norwich team of Helping Hands in 2018, which has been amazing and the manager there has helped me build my skills needed to manage the North Norfolk branch.

### Why I chose Helping Hands

I have a friend who had previously had an interview at Helping Hands and she gave me some outstanding comments about the company's ethos. Plus I was really keen to get back into care work and Helping Hands gave me that opportunity.

