



# Helping Hands

The Home Care Specialists

Est. 1989

Trecia Bryan

Branch Manager – Bromley

## Meet Trecia, your branch manager for Bromley

### About me

Hi, I'm Trecia. I'm passionate about providing the best quality care that I can for the people of Bromley and the surrounding areas. I like to think that I have the ability to build good relationships with my customers and their families based on trust.

### Experience

I have a wide range of knowledge of the care sector having worked in a number of roles over the last seven years, both in sheltered accommodation schemes to domiciliary care. It's always important to me that my customers have the chance to remain as independent as possible whilst still giving them a high level of person-centred care.

I started as a carer and then worked my way up to a Field Care Supervisor before progressing further to Registered Manager. As a result, I've learnt what needs to happen at each step of a customer's care journey and as a manager, I've received great feedback from my CQC inspections.

Being a carer has also enabled me to share my experiences with my own team of carers and this also means that I can give them any support or guidance that they might need while they're out supporting their customers. I believe that with my desire to deliver the best possible care, coupled with this experience, the Bromley carers can carry on giving the local community an amazing care service.

### Why I chose Helping Hands

The core values of the company and its passion for delivering quality care which focuses on the customer's independence are two of the examples of why I was driven to join Helping Hands. Everyone here is so friendly and supportive – I could not have joined a better company. The support here is outstanding and I always feel welcome and valued.

