



Zoe Miah

Area Care Manager - South East

**Hello, my name is Zoe Miah,
Area Care Manager for the South East.**

About me

“Hello, I’m Zoe. As Area Care Manager for the South East, I cover Chichester, Havant, Fareham, Southampton, Basingstoke, Camberley, Guildford, Windsor, Maidenhead and Wokingham. I support all these branches in exceeding the delivery of best practice, so that our customers can receive the dedicated care at home that they deserve.

“I actually have first-hand experience of the amazing service that Helping Hands provide when they cared for one of my family members until she passed away. From the management teams orchestrating the package of care, to the staff at the forefront of the business, I witnessed their dedication to want to make a difference and support not only the customer, but their surrounding family and friends.”

My experience and expertise

Zoe started her career in care as a Domiciliary Care Worker in 2003, before progressing through the industry to Care Coordinator until she was promoted to Registered Manager. In her role prior to joining Helping Hands in 2019, Zoe worked as a Business Centre Manager in the health and social care sector across multiple sites.

Zoe has an NVQ Level 5 in Leadership and Management, a Registered Manager's Award and she has been registered with the Care Quality Commission for Nursing and Personal Care since 2014.

Why I chose Helping Hands

“Domiciliary care has been my passion since I began working in care 16 years ago. And after working in this sector for the majority of my career, to find a company of this size that has still got a team that have been here since the beginning – 30-plus years ago – speaks volumes. It is a real pleasure to become a part of the Helping Hands family – they have a fantastic reputation.

“The thing I enjoy most about my job is being able to meet people as passionate about this industry as I am. It is a fast-paced environment which still requires a personal approach, and I love that we have the opportunity to make a difference to peoples lives.”